



## TRYOUT PROTOCOL

(as of 8/1/2020)

In accordance with Ohio Department of Health & Responsible  
Restart Ohio Guidelines for Skill Training

1. Waivers must be signed by all players before participation will be allowed. Players may bring signed waiver with them to the tryouts (September 13, 2020) or sign one upon registration online.
2. All players to check-in at the tent and table when arriving to tryouts. Maintain 6'-0" between you and the player in front of you. Hand sanitizer will need to be used and temperature taken. Temperatures over 100 will be required to leave the tryout area. A make-up tryout will be available if needed.
3. After players check-in and are cleared to participate, they must remain at their "gear cone" until the tryout begins. Cones will be placed 8'-0" apart.
4. Players are expected to do self-symptom checks before arriving at tryouts. Any player that does not feel well should stay home. A make-up tryout will be available if needed.
5. All coaches will be trained on safe return-to-play protocol. Coaches will be wearing masks during the entirety of tryouts.
6. Players are not required to wear masks while in the field of play. Masks are expected during arrival and prior to the start of tryouts.
7. Do not congregate before, during or after tryouts.
8. Social distance will be monitored by the coaches. All drills have been set up to allow for 6'-0" or more between players at all times. Players who consistently fail to maintain social distance after multiple attempts by the coaches to correct this will be asked to sit out the remainder of that drill.
9. Parents, family and spectators who wish to remain at tryouts must maintain appropriate social distance. This will not be monitored by the coaches.
10. Based on the Phase during tryouts; evaluations will be tailored:
  - a. Phase I: skill, agility and individual evaluation
  - b. Phase II: skill, agility and group (scrimmages, offense/defense) evaluation
11. Players are encouraged to use hand sanitizer when leaving tryouts and during water breaks.
12. Lacrosse balls will be the only shared equipment. They will be sanitized at the end of tryouts.
13. Players are not to touch the cones or ball bags; coaches will be the only individuals allowed to touch ball bags or cones.

**QUESTIONS?** Please email [info@tempestlacrosse.com](mailto:info@tempestlacrosse.com).